

Community Resource Directory

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To meet PCMH capability 10.0 – Linkage to Community Services, the Jackson Health Network has compiled a list of community resources available to the Jackson community and surrounding areas. This helps physicians and their patients connect with the correct resources to meet their needs.

**10.1 – Linkage to
Community
Services**

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SENIOR RESOURCES

Elder Abuse/Neglect and Guardianship Concerns

Adult Protective Services

To report abuse, neglect or exploitation, call the toll free hotline: 1-855-444-3911
301 E. Louis Glick Hwy
Jackson, MI 49201
Phone: (517) 780-7400

General Resources

Department on Aging

The Jackson Department on Aging offers a number of services to senior citizens and their families, caregivers and friends. Services include: Senior meal sites and senior centers, Meals on Wheels, Housekeeping and bathing assistance, Safety related household maintenance tasks, Alzheimer's and dementia services, prescription assistance, assistance in raising grandchildren and other relatives, and peer support groups.

1715 Lansing Avenue, # 672
Jackson, MI 49202
Phone: (517) 788-4364

Henry Ford Allegiance Senior Health Center

Henry Ford Allegiance Senior Health Center accepts referrals from primary care physicians and social agencies. The center offers services to meet the needs of elderly adults, including senior evaluations, in-home services, education & resources, access to special health services, and Philips Lifeline Home Response System, which is an easy to use personal response service that ensures older adults living at home receive quick assistance when needed – 24 hours a day, 365 days a year.

100 E. Michigan Ave
Jackson, MI 49202
Phone: (517) 205-6001

Region 2 Area Agency on Aging – <http://www.r2aaa.net/>

AAA administers programs that help older adults (60 and older), adults with disabilities (21 and older), family caregivers, and residents in long-term care facilities maintain their independence in their homes and communities. Serving Jackson, Lenawee, and Hillsdale Counties, their mission is to improve conditions affecting the lives of the older adults in the region by identifying senior concerns and developing a comprehensive network of services that will enable older persons to function as independently as possible in their homes and communities. They also provide advocacy, information, planning, program development, contracting and the funding necessary to accomplish this purpose.

102 N. Main Street
Brooklyn, MI 49230
Phone (800) 335-7881

Choice Connections - <http://www.choiceconnections.com>

Choice Connections is a free referral service that provides assistance in finding seniors the best living options available. Call to set up a free consultation.

205 Birdsell
Jackson, MI 49203
Phone: (517) 262-1899

Jackson District Library Outreach Department

The Jackson District Library Outreach Department is responsible for delivering materials and providing library services to individuals who are homebound or in residential facilities on a long term or temporary basis. The outreach department also maintains a collection of large print materials in residential facilities for those with visual impairment. The Outreach services coordinator can be contacted at (517) 788-4087 Ext. 1343.

Jackson County Senior Preferences Guide - <http://www.seniorpreferences.com/>

Senior Preferences Magazine is a comprehensive resource guide produced by Jackson Publishing Company that gathers a list of community organizations and local businesses that cater to the needs of senior citizens.

Jackson County Senior Resource Directory - <http://www.co.jackson.mi.us/Agencies/DeptAging/docs/Guide2014.pdf>

Visit the website to view a condensed version of senior resources available in the Jackson community.

RESOURCES FOR ALL AGES

General Resources

Department of Human Services

The Department of Human Services offers temporary assistance to all families during tough times. Services include assistance with food, finances, child care, medical, home and burial.

301 E. Louis Glick Hwy

Jackson, MI 49201

Phone: (517) 780-7400

Community Action Agency

The Community Action Agency offers programs in education, community development, housing, economic self-sufficiency, health and nutrition and community awareness programs. The agency is a locally based organization offering a helping hand to “help people help themselves” by connecting them to programs that will assist in areas of need for the individual.

1214 Greenwood Ave

Jackson, MI 49203

Toll Free Phone: (800) 491-0004

Phone: (517)784-4800

United Way of Jackson

The United Way offers many services to help the Jackson community in all facets of life by meeting current and emergent needs. The United Way sponsors many programs in areas of education, family life, health, community and capacity building.

536 N. Jackson St.

Jackson, MI 49201

Phone: (517) 784-0511

Hours: Monday-Thursday 7:30am – 5:30pm

Friday 8am-12pm

Together We Can Make a Difference - <http://www.togetherdifference.org/>

Together We Can Make a Difference is a ministry to the city and county of Jackson. The ministry offers an array of resources for all ages, including but not limited to child programs, grocery shopping services, Free Christmas toy store, and prison re-entry programs.

224 W. Wilkins St.

Jackson, MI 49203

Phone: (517) 740-8444

211

Dial 2-1-1 for immediate access to over 2,000 services available to Jackson County Residents. Jackson County 2-1-1 is an easy to remember, free phone service that links you with the health and human service information you need, 24 hours per day, 7 days per week, 365 days per year. Whether you are looking for a volunteer opportunity or need assistance finding food, shelter, etc., 2-1-1 can help you find the services you need. By dialing 2-1-1, you are immediately connected to a trained Information and Referral Specialist who can discuss your needs and give you the information and/or referrals you need to find what you are looking for. An Information and Referral Specialist will assess your situation, help you find answers to your questions, and provide you with options and any information you need. You may also connect to the directory of available resources online at

<http://www.CentralMichigan211.org>

Henry Ford Allegiance Behavioral Health & Access Center

The Behavioral Health and Access Center offer 24/7 support to those needing treatment for behavioral health disorders, grief counseling, dementia, and relationship conflict. The care team consists of art therapists, social workers, psychiatrists, psychologists, recreational therapists and substance abuse therapists to help patients reach their goals of an improved quality of life.

Henry Ford Allegiance Health - Main Campus - Anderson Building

205 N. East Ave

Jackson, MI 49201

Phone: (517) 205-5971 or (800) 531-3728

Jackson County Health Department - <http://www.co.jackson.mi.us/hd/>

The Health Department offers many resources to all populations of the community. Services include, but are not limited to emergency preparedness, health education, prescription assistance, vaccinations/immunizations, tobacco reduction, and teen pregnancy outreach. Please visit their website for more information.

1715 Lansing Ave

Suite 221

Jackson, MI 49202

Phone: (517) 788-8820 or (888) 781-4420

Email: JCHD@co.jackson.mi.us

Hours: Monday-Friday 8am-5pm

Catholic Charities of Jackson

This charity works with Jackson, Lenawee and Hillsdale Counties to help individuals and families improve their quality of life. To fulfill their mission, services in counseling, foster care and adoption, personal needs child advocacy and graduation assistance is offered.

Locations:

1522 Joy Avenue

Jackson, MI 49203

Phone: (517) 782-2551

407 S. Mechanic St.

Jackson, MI 49201

Phone: (517) 782-4616

Seventh - Day Adventist Community Service - <http://www.jacksonsdachurch.org>

The Jackson Seventh-Day Adventist church meets people's needs through social services such as tutoring and mentoring programs, youth volunteer corps, health screening education and assistance, inner city missions and disaster response.

3600 County Farm Rd.

Jackson, MI 49201

Phone: (517) 784-4538

Salvation Army - <http://sajackson.org/>

The Salvation Army offers many services in regards to food and nutrition programs, recreational activities, worship services, and emergency financial aid.

806 E. Pearl St.

Jackson, MI 49201

Phone: (517) 782-7185

Child Services**Big Brothers, Big Sisters of Jackson County, Inc.** - <http://www.bbbsjackson.org>

BBBS provides children facing adversity with strong and enduring, professionally supported one-to-one relationships that change their lives for the better, forever.

536 N. Jackson St,

Jackson, MI 49201

Phone: (517) 784-7181

Child Protective Services (CPS)

To report abuse or neglect. Call the toll free hotline at 1-855-444-3911

301 E. Louis Glick Hwy

Jackson, MI 49201

Phone: (517) 780-7400 (Information)

Early On: Helping Babies and Toddlers Stay on Track - <http://www.1800earlyon.org/>

Early On assists families with infants and toddlers, from birth until 3 years of age, who may be experiencing delays in their development or have a diagnosed disability. For more information call (517)768-1625.

Family Services and Children's Aid - <http://strong-families.org/>

Family Service & Children's Aid touches the lives of thousands of Michigan families in Jackson and Lenawee Counties through counseling, foster care, adoption, community and school based programs, substance abuse treatment, and other services for children and families.

330 W. Michigan Ave.

Jackson, MI 49201

Phone: (517) 787-7920

Great Start Collaborative of Jackson County <http://www.greatstartjackson.org/>

Great Start is Michigan's nationally recognized state-wide initiative to foster school readiness and life success for young children.

6700 Browns Lake Road

Jackson, MI 49201

Phone: (517) 768-5281

Jackson County ISD (JCISD) - <http://www.jcisid.org/site/default.aspx?PageID=1>

The mission of the Jackson County Intermediate School District is to focus on improving student success in Jackson County by improving the quality of education, making it more cost efficient, and helping students, parents, educators, and community members get the most out of public education.

6700 Browns Lake Rd.

Jackson, MI 49201

Phone: (517) 768-5200

JCISD Facilities:**Jackson Area Career Center**

The Career Center provides Jackson and participating Hillsdale county school districts with educational resources to career and high-tech classes that otherwise would not be available at local school districts. Juniors and seniors take Career Center classes as electives to their regular local school schedule.

6800 Browns Lake Rd.

Jackson, MI 49201

Phone: (517) 768-5100

Camp McGregor

The camp is home to the JCISD's Math & Science Center and an observatory with our most recent addition -- one of the most modern computer-driven telescopes you'll find in the state. The high-tech science facilities at Camp McGregor demonstrate their commitment to the success of all students by offering educational programs to local school districts.

10380 Adams Rd.

Clark Lake, MI 49234

Phone: (517) 529-0002

Lyle Torrant Center

The Lyle Torrant Center is a public school operated by the Jackson County Intermediate School District, serving youth with developmental disabilities from all twelve school districts in Jackson County. Students ages birth to 26 years who are Cognitively Impaired (CI), Severely Multiply Impaired (SXI), have Autism Spectrum Disorder (ASD) or are Early Childhood Developmentally Delayed (ECDD) are referred to Lyle Torrant through the local school district Special Education teams. Other programs offered at Torrant include Head Start and Audio logical Evaluations.

1175 W. Parnall Rd.

Jackson, MI 49201

Phone: (517) 787-8910

Transportation Services

The Jackson County Intermediate School District Transportation Department offers specialized transportation to various ISD classrooms.

1161 Parnall Rd.

Jackson, MI 49201

Phone: (517) 788-5904

Counseling Services

A Healing Place, LLC - <http://www.ahealingplacejackson.com/>

A Healing Place, LLC addresses a wide variety of issues related to home and family, as well as work and career, including depression, mood changes, anxiety disorders, eating disorders, abuse, neglect issues, trauma, grief, loss, obsessive compulsive disorder, self-esteem issues and personality disorders. Services provided include: individual psychotherapy, psychological testing, children/adolescent therapy, family therapy, couples therapy group, and therapy for eating disorders. Most insurance plans accepted.

207/209 First St.

Jackson, MI 49201

Phone: (517) 998-Hope(4637)

Arbor Hills Psychological Services

Arbor Hills Psychological Services offer psychotherapy to all ages helping patients overcome personal challenges while encouraging self-growth for a fulfilling life. Most insurances are accepted.

6692 Spring Arbor Rd.

Jackson, MI 49201

Phone: 517-750-3869

LifeWays - Community Mental Health Services - <http://www.lifewayscmh.org/>

LifeWays is the Community Mental Health Agency for Jackson and Hillsdale. They provide specialty mental health services to individuals with Medicaid and the uninsured who meet medical necessity for severe mental health illness, developmental disabilities or serious emotional disturbance.

Jackson Location:

1200 N. West Ave.

Jackson, MI 49202

Phone: (517) 789-1200 or (517) 780-3332 (Monday-Friday 8:00 a.m.-7:00 p.m.)

24-Hour Crisis: (517) 789-1200 or 800-284-8288

TDD/TTY: (517) 789-2492

Patricia J. LaFave Ph.D and Associates P.C.

Patricia J. LaFave Ph.D and Associates P.C. offer professional psychotherapy to individuals, couples and families. Most insurance plans are accepted.

Cascade Ridge Office Park

3333 Spring Arbor Rd

Suite 800

Jackson, MI 49203

Phone: 517-782-2442

Training and Treatment Innovations - <http://trainingtti.org/index.php/about-tti-2>

TTI is a private, not-for-profit agency that provides specialty mental health services and training. They offer an array of support services to those with both psychiatric and co-occurring psychiatric and substance use disorders. Populations served include both adults and pediatrics along with those with developmental disabilities and emotional impairments.

2301 E. Michigan Ave.

Suite 219

Jackson, MI 49202

Phone: (517) 782-0010 x 1

Highfields, Inc

Highfields offers support services to children and families.

1206 Clinton Rd.

Jackson, MI 49202

Phone: (517) 783-4250

Integro, LLC

Integro offers behavior health services from outpatient clinical services to intensive home based services for adolescents and families. Most insurance plans accepted.

Jackson Location

1200 N. West Avenue
Suite 300
Jackson, MI 49202
Phone: (517) 789-1234

Hillsdale Location

25 Care Drive
Suite 231
Hillsdale, MI 49242
Phone: (517) 439-2609

Recovery Technology

Recovery Technology offers highly trained staff of mental health providers on site including doctors, therapists, case managers and advocates that specialize in a wide array of high quality, mental health services for people of all ages.

1200 N. West Avenue
Suite 400
Jackson, MI 49202
Phone: (517) 780-3336

Counseling Services, LLC

Counseling Services of Jackson provides client-centered approaches to treat a wide-variety of mental health conditions including, but not limited to depression, anxiety, grief, and family issues.

950 W. Monroe
Suite 500
Jackson, MI 49202
Phone: (517) 788-8330

LJ Gallagher PsyD and Associates – drljgallagher.com

LJ Gallagher PsyD and Associates offer professional therapy services to individuals, couples and families. They share a passion for promoting health, harmony and happiness, integrating traditional therapies with cutting edge techniques from neuroscience, mindfulness and positive psychology. Most insurance plans are accepted.

451 Marshall Street
Brooklyn, MI 49230
(517) 414-0697

Dental Services**Center for Family Health** - <http://www.centerforfamilyhealth.org>

Center for Family Health provides a variety of dental services for children up to 21 years of age, along with diabetics, and pregnant women. Please call 24 hours in advanced for an appointment. CFH accepts most insurance plans, including Medicaid. Financial assistance is available to those who meet certain requirements.

505 N. Jackson St.

Jackson, MI 49201

Phone: (517) 748-5500

Hours: Monday: 8 a.m. - 7 p.m.

Tuesday-Friday: 8 a.m. - 5 p.m

DentalPlans.com - <http://www.dentalplans.com>

Search and compare dental insurance in your area.

Smiles on Wheels - www.smilesonwheels.org

Smiles on Wheels provides dental treatments such as teeth cleaning, x-rays, dental sealants, fluoride treatments, oral hygiene instructions and oral cancer screenings for adults and children who do not have a regular dental office. Smiles on Wheels accept most dental insurances including Medicaid. They also offer a reduced fee based on annual Income.

1715 Lansing Ave

Room 261

Jackson, MI 49202

Phone: (517) 740-7422

The University of Michigan School of Dentistry - <http://www.dent.umich.edu/patientservices>

At the U of M School of Dentistry patients will pay lower fees for dental procedures. Most dental insurance plans are accepted, including Medicaid. An initial screening appointment is available to anyone; however, it is during that appointment that it is determined whether the patient is accepted for regular treatment, based on the teaching needs of the school, patient's time availability, health and complexity of dental needs. Please call the Appointment and Information Center at (734) 763-6933 or toll free 888-707-2500.

Diabetic Education**Henry Ford Allegiance Health Diabetes Education Center**

The Diabetes Center provides diabetes education and support for adults, teens and children living with diabetes and their support person and families. The goal of diabetes education is to teach people how to incorporate diabetes management into daily life.

2200 Springport Rd.

Jackson, MI 49201

Phone: (517) 205-9322

Hours: Monday-Friday: 8am-4:30pm

Health and Wellness

Boos Recreation Center

The recreation center hosts a variety of classes, events and workshops. Year-round programs involve every age group from early childhood to senior adults. Programs include, but are not limited to yoga, art classes, and gymnastics classes.

210 Gilbert Street (at Loomis Park)

Jackson, MI 49201

Phone: (517) 788-4064

City of Jackson Parks & Recreation - <http://www.cityofjackson.org>

The City of Jackson's 27 beautiful city parks and numerous programs are managed by the Parks and Recreation Department. The department is responsible for the oversight and maintenance of all outdoor activities, facilities and land areas located within our community. See website for a list of Jackson's 27 parks.

Jackson YMCA - <http://www.jacksonymca.org>

The Jackson YMCA offers more than just athletics. The facility offers a wide variety of programs, events and services that can appease anyone's interests. From arts and crafts to swimming and gymnastics, the Jackson YMCA has created a complete selection of programs that promote the physical, mental, spiritual and social well-being of their members. Visit the website for an activity schedule.

Downtown Location:

127 West Wesley Street

Jackson, MI 49201

Phone: (517) 784-YMCA (9622)

Summit Location:

2151 Ferguson Rd.

Jackson, MI 49201

Phone: (517) 784-YMCA (9622)

Step By Step - <http://mystepbystep.org/my-activities>

Step by Step is an online tool managed by the Henry Ford Allegiance Health, Health Improvement Organization to help the community eat better, move more, stress less and live smoke-free. You can find health tips, challenges and events to jump start a healthier lifestyle by visiting their website.

Green Market at Henry Ford Allegiance Health

The market offers fresh, local produce, homemade baked goods, cheeses, spices and much more. All products offered at the Green Market are produced in Michigan. Located at the corner of E. Michigan Ave and Waterloo the Green Market is open Thursdays from 9-2pm. Contact Travis Fojtasek @ (517) 879-7339 for more information.

Immunizations/Vaccines**Meijer Pharmacy** – <http://www.meijerpharmacy.com>

- 2777 Airport Road, Jackson – (517) 783-0010
- 3333 E Michigan Ave., Jackson – (517) 783-0210

Rite Aid Pharmacy - <http://www.riteaid.com>

- 3100 E Michigan Ave., Jackson - (517) 782-9382
- 1733 Spring Arbor Rd., Jackson - (517) 789-6630
- ☎ 1089 N Wisner St., Jackson - (517) 782-0574
- ☎ 2255 S Jackson Rd., Jackson - (517) 780-9535

Jackson County Health Department

The health department offers a fully array of vaccines for children, teens and adults. A \$20 administration fee is charged, assistance is available to those who qualify.

Walk-In Clinic Hours

Monday – Friday 9am-1pm

*Tuesday & Wednesday 9am – 4pm

Thursday 12pm – 4pm

*Extended hours on the 2nd Tuesday of Every month, 9am-6pm

Walgreens Pharmacy - <http://www.walgreens.com>

- 1314 N West Ave, Jackson - (517) 783-1803 - Open 24 Hours
- 3040 East Michigan Avenue, Jackson - (517) 768-9002

Wal-Mart Pharmacy - <http://www.walmart.com/pharmacy>

- 1700 West Michigan Avenue, Jackson - (517) 817-0378
-

Employment Assistance**Michigan Works!** - <http://www.mitalent.org>

Local Michigan Works! Agencies oversee a wide variety of programs designed to help job seekers find satisfying careers. The programs are also designed to prepare youth and unskilled adults for entry into the labor force and help individuals who face serious barriers to employment obtain the assistance necessary to get and keep a job.

209 E. Washington Ave
Suite 100
Jackson, MI 49201
Phone: (517) 841-5627

Temporary Employment**Adecco Staffing** - <http://www.adeccousa.com>

808 W. Ganson Street
Jackson, MI
Phone: (517) 782-0559

Xcel Staffing – <http://www.excelstaffing.com>

146 W. Cortland Ave.
Jackson, MI 49201
Phone: (517) 782-9600

Kelly Services – <http://www.kellyservices.com>

1001 Laurence Avenue
Suite C
Jackson, MI 49201
Phone: (517) 784-9151

Manpower - <http://www.manpower.com>

333 West Louis Glick Highway
Jackson, MI 49201
Phone: (517) 789-7193

Health Care Assistance**Henry Ford Allegiance Health Business Office**

Henry Ford Allegiance Health has a number of resources to assist uninsured patients with Medicaid applications or other financial resources available to help with medical expenses. Henry Ford Allegiance Health also offers full and partial discounts to our patients based upon their income and assets. Please contact the business office to learn more about financial assistance requirements.

Payment and billing inquires of current or future patients call (517) 205-4973.

Payment and billing inquires of past patients call (517) 205-4920.

Center for Family Health

Clients who come to the Center for Family Health to enroll for insurance can receive assistance from an enrollment expert. Enrollment takes approximately 15 minutes. Call for an appointment or stop by the Center for Family Health for more information.

505 N. Jackson Street
Jackson, MI 49201
Phone: (517) 788-8809

St. Luke's Clinic - <http://www.stlukescliniconline.org/>

St. Luke's Clinic offers counseling and comprehensive medical and educational services for the medically under-served. Hours vary so please contact the clinic for more information.

132 Seymour Ave

Jackson, MI 49204

Phone: (517) 783-1117

Children's Special Health Care Services

Children's Special Health Care Services specialize in caring for kids with chronic conditions. They offer financial assistance for medical care and treatment to children and some adults with certain eligible medical conditions. Families of all income levels can qualify.

Jackson County Health Department

1715 Lansing Avenue, Suite 221

Jackson, MI 49201

Phone: (517) 788-4422

MiChild, Healthy Kids, Plan First – <http://www.michigan.gov/mdch>

Insurance programs are available through the Michigan Department of Community Health. Apply online in less than 30 minutes.

Phone: (888) 988-6300

HIV/AIDS Resource Center - <http://hivaidsresource.org/>

The HIV/AIDS Resource center serves people in Jackson Lenawee, Livingston, and Washtenaw Counties. The Center provides HIV related services to the community through compassionate direct care, prevention and outreach activities. Trained staff is available and case management services include, but are not limited to: medical referrals, food and cleaning supplies pantry, budget planning, emergency financial assistance, housing assistance, and transportation to medical appointments.

211 W. Ganson St.

Jackson, MI 49201

Phone: (517) 780-3262

Email: info@hivaidsresource.org

Mission of Hope Cancer Fund

Provides direct financial assistance to cancer patients and their families. Education information along with emotional and grief support on cancer related issues is also offered.

Commonwealth Commerce Center

209 E. Washington Ave

Suite 301B

Jackson, MI 49201

Phone: (517) 782-4643

DisAbility Connection

This service acts as an advocate and resource for people of all ages. Services include but are not limited to respite care, disability ramps, and medical equipment loan closets.

409 Linden Ave

Jackson, MI 49203

Phone: (517) 782-6054

Hours: Monday – Friday 8:30am-4:30pm

Prescription Assistance Resources

Medicare Prescription Coverage

Service: Offers prescription drug insurance to anyone with Medicare. For help comparing and/or enrolling in Medicare drug plans, or to see if you qualify for extra help, you may call the local Medicare/Medicaid assistance program (MMAP) at 1-800-803-7174 or 1-800-633-4227.

Meijer Pharmacy – <http://www.meijerpharmacy.com>

Service: Provides free antibiotics, medications for diabetes and high cholesterol, and select prenatal vitamins. The complete list of free medications as of July, 2014, is as follows:

- Keflex
- Cipro
- Amoxicillin
- Ampicillin
- Bactrim
- Septra
- Penicillin
- Metformin (immediate release)
- Atorvastatin
- Select Prenatal Vitamins

Walmart Pharmacy – <http://www.walmart.com/pharmacy>

Service: Provides hundreds of prescription medications for \$4, available to everyone. Free home delivery, free shipping. See website for a complete list of medications.

1700 W. Michigan Avenue
Jackson, MI 49201
Phone: (517) 817-0378

HealthPay

Service: HealthPay is available to Center for Family Health patients and provides a discount on medical/dental care and prescriptions.

Eligibility: Your prescription must be written by a Center for Family Health provider and must be filled at the Center for Family Health Pharmacy.

Center for Family Health
505 N. Jackson St.
Phone: (517) 748-5500

Veteran's Prescription Coverage

Prescription assistance coverage to those who qualify.

Phone: (517) 788-4425

Special Circumstances

Michigan Rehabilitation Services

Michigan Rehabilitation Services provides employment assistance for workers with a disability.

209 E. Washington St.

Suite 200

Jackson, MI 49201

Phone: (517) 780-7450

Veterans - <http://www.va.gov/jobs/>

Services include employment assistance, resume writing, and interviewing tips for veterans. Call 1-877-838-5627 for more information.

Substance Abuse**Henry Ford Allegiance Health Tobacco Treatment Services**

Tobacco Treatment is a free service of Henry Ford Allegiance Health. Anyone using tobacco products in any form is encouraged to participate. Individuals, couples and nonsmokers who are concerned about their loved ones may also receive services. Participants may refer themselves or get a referral from health care professionals, employers and others.

One Jackson Square, 9th Floor
100 E. Michigan Avenue, Suite 900.
Jackson, MI 49201
(517)205-4948

Henry Ford Allegiance Health Substance Abuse Services

Henry Ford Allegiance Health's Substance Abuse Service specializes in outpatient treatment of substance abuse and chemical dependency. A range of therapy options are available.

2424 W. Washington Ave
Suite 100
Jackson, MI 49203
Phone: (517) 205-2732

Henry Ford Allegiance Health Addiction Recovery Center

Addiction recovery at Henry Ford Allegiance offers substance abuse treatment to assist adults addicted to drugs and/or alcohol. Services range from chronic to acute detoxification to residential and intensive outpatient programs.

2424 W. Washington Ave
Jackson, MI 49203
Phone: (517)205-4001

CEI Substance Abuse Care Coordination

CEI is a program of the Community Mental Health authority of Clinton, Eaton and Ingham Counties. Programs offered include detoxification, residential and outpatient substance use disorder services, group therapy and crisis intervention. Accepts many health insurances including Medicaid, if services are not covered by health insurance determination of cost is based on patient's financial status.

812 E. Jolly Rd
Lansing, MI 48910
Phone: (517) 346-8200
Mental Health Crisis line: (517) 346-8460

Victory Clinical Services

Victory is a state licensed methadone program designed to provide medical and counseling services to individuals who are addicted to opiate drugs.

Jackson Location

3300 Lansing Avenue
Jackson, MI 49202
(517) 784-2929

Lansing Location

4902 S. Cedar St.
Lansing, MI 48910
(517) 394-7867

Transportation Services

Jackson City Bus - <http://www.jacksontransit.com>

Jackson transit offers city bus service throughout the day and throughout the City of Jackson. For a complete bus schedule, bus fares and route map visit the Jackson transit website or call (517) 787-8363.

Reserve-A-Ride - <http://www.jacksontransit.com>

Jackson's Reserve-A-Ride is available to the public on a first come, first serve basis. This service provides door to door service to all residents of Jackson County. Reserve-A-Ride is available to the physically disabled by providing lifts and ramps. Rides are provided by a 24 hour advance reservation with same day rides scheduled on an as available basis. To schedule a ride, get fare prices or, for more information please call (517) 787-8363.

Non-Emergency Transportation Services (NETS)

NETS provides non-emergency transportation in wheelchair accessible vans and Lincoln Town cars.

PO Box 761

Jackson, MI 49204

Phone: (517)764-6387

Jackson City Cab Company

706 Francis St.

Jackson, MI 49203

Phone: (517) 841-9630

Colonial Cab Company

500 N. Francis St.

Jackson, MI 49201

Phone: (517) 782-7700

Women's Health Services

Henry Ford Allegiance Women's Health Center

Jackson's premiere women's health facility features clinical services such as digital mammograms, osteoporosis screenings, clinical breast exams, health and educational classes and private sessions with a registered nurse. The Women's Health Center also offers relaxation services such as massages, facials, face enhancers and body treatments.

3305 Spring Arbor Rd.

Suite 500

Jackson, MI 49203

Phone: (517) 205-4377

Maternal Infant Health Program

Healthy Moms Have Healthy Babies! For new or expecting moms needing assistance with getting health services, transportation for healthcare, health education, childbirth or parenting classes, breastfeeding support, quitting smoking, alcohol or drug problems in your household, help preventing unplanned pregnancies, emotional support, community resources, or nutrition guidance. You may be eligible for the program if you are pregnant, have an infant less than 1 year old, have Medicaid, or meet certain income guidelines.

Jackson County Health Department

1715 Lansing Ave.

Suite 221

Jackson, MI 49202

Phone: (517) 788-4420

Planned Parenthood - <http://www.plannedparenthood.org/>

Planned Parenthood is a trusted health care provider, an informed educator, a passionate advocate, and a global partner helping similar organizations around the world. Planned Parenthood delivers vital reproductive health care, sex education, and information to millions of women, men, and young people worldwide.

2009 W. Michigan Avenue
Jackson, MI 49202
Phone: (517) 784-1700

WIC - Women, Infants, Children - <http://www.fns.usda.gov/wic/women-infants-and-children-wic>

WIC is a health and nutrition program that has demonstrated a positive effect on pregnancy outcomes, child growth and development. The Special Supplemental Nutrition Program for Women, Infants, and Children is a federally funded program that serves low and moderate income pregnant, breastfeeding, and postpartum women, along with infants and children up to age 5. You can reach your local WIC office at (517) 788-4484.

Family Resources – Clothing/Personal/Household Needs**Birthline Pregnancy and Parenting Center** – www.birthlinejackson.org

Birthline Jackson works to promote the well-being of the pre-born, infant, toddlers and their parents by providing programs to individuals that promote the best outcome in pregnancy and parenting. When going through this program, parents can earn baby dollars to buy new and gently used products for their family, as well.

817 W. High St.
Jackson, MI 49203
Phone: (517) 784-9187

Center for Women – www.jacksonpregnancy.com

The Center for Women offers information to women regarding unplanned pregnancies, sexually transmitted diseases, abortion, and adoption. The staff at the center extends services to all women regardless of financial circumstance. A material assistance program is also available.

434 Wildwood Ave
Jackson, MI 49201
Phone: (517) 787-4673 or Text helpline: (978) – 4YOU – 316
Email: staff@cfwjackson.org

Bea's Love Closet – www.beaslovecloset.com

Bea's Love Closet is located in the basement of Cascades Wesleyan Church and offers free clothing assistance to individuals in need.
1404 Rowan St.

Jackson, MI 49203
Phone: (517) 240-8208

Hours: Third Saturday of each month, 12-2pm

Creator's Closet – **Village of Waterloo United Methodist Church**

Creator's Closet is located at the Waterloo United Methodist Church and offers free clothing assistance to individuals in need. They simply ask that if you need it, take it. If you want it, leave a small donation. If you are in need or would like to donate please stop in during hours of operation.

8110 Washington St.
Grass Lake, MI 49240
Phone: Wanda @ (734) 433-1028 or Church Main office @ (734) 475-1171
Hours: Monday and Saturday 9am-12pm
Wednesday 4pm-7pm

Emergency Services**American Red Cross**

The south central Michigan Chapter of the Red Cross has a corps of more than 150 volunteers trained to respond to emergencies and disasters that take place in the community while also offering humanitarian assistance to those in the community who are affected by disasters.

100 Mack Ave.

Detroit, MI 48201

Phone: (313) 833-4440

Aware, Inc. - <http://www.awareshelter.org/about-aware-inc/>

The Aware Shelter of Jackson offers free assistance, counseling, and support to those populations who want to seek a violence free life.

706 W. Michigan Ave.

Jackson, MI 49201

Phone: (517) 783-1638

24-hour Crisis Hotline: (517) 783-2861

Jackson Interfaith Shelter

The Interfaith Shelter works with the homeless and needy offering assistance with emergency shelter, meals and physical, emotional and spiritual support.

414 S. Blackstone

Jackson, MI 49201

Phone: (517)789-8735

Jackson Community Ambulance - <http://www.jca.org/>

Jackson Community Ambulance offers many emergency services to the community including emergency life alert and JCAplus program that offers extended benefits for joining.

429 Ingham St.

Jackson, MI 49201

Phone: (517) 841-4803

Breast Cancer Screening – Resources for Mammography

Regular screening mammograms are important as a tool for early identification of breast cancer at a time when it is most treatable. Mammogram is a noninvasive x-ray targeted to each breast producing pictures that your doctor can use to identify and treat any abnormal areas. Since 1990, mammography has helped reduce breast cancer mortality across the country by nearly 1/3.

If you are putting off having a mammogram because of the cost, please consider the opportunities below for low-cost screenings.

Women’s Health Center

Free Mammograms for Women in Need



Through a grant from the Mid-Michigan affiliate of Susan G. Komen for the Cure®, the Henry Ford Allegiance Women’s Health Center provides free mammography screening for breast cancer for women in Jackson County who are uninsured, underinsured or low income and between the ages of 40-59. Women are welcome to call the Henry Ford Allegiance Women’s Health Center at (517) 784-8665 to learn if they qualify.

Women's Cancer Screening Program in Michigan



Since 1991, the Michigan Department of Health and Human Services (MDHHS) has implemented a comprehensive Breast and Cervical Cancer Control Navigation Program (BCCCNP) through a multi-year grant from the U.S. Centers for Disease Control and Prevention (CDC). With these funds, low-income women now have access to life-saving cancer screening services and follow-up care, including cancer treatment if that should be needed.

Any Michigan woman, ages 40 through 64, can call to obtain a local phone number to talk to the BCCCNP coordinating agency closest to her home. The local agency will assess each woman for program eligibility based on age and income, and provide an appointment to a health care provider or clinic near her home.

For the name and number of the local BCCCNP agency nearest you, call (toll-free) 800-922-MAMM (800-922-6626).

Center for Family Health

A Federally Qualified Health Center providing quality primary health care for all in Jackson County and surrounding areas.



The Center for Family Health provides low-cost mammogram screening with funds from the Susan G. Komen Foundation and the BCCCNP. Additionally, the Center provides resources to assist patients in obtaining affordable care. Contact the Financial Service Advocates at 517-748-5500 x5876.

- Healthy Michigan Plan and Health Insurance Marketplace: assistance in enrolling in health-care coverage
- HealthPay: provides a discount on medical / dental care and prescriptions

Henry Ford Allegiance Health Screening Mammography Providers - Contact information and hours of operation

HFAH Professional Building

- 1100 East Michigan Avenue, Suite 104
- 517-205-7911
- Appointment Hours
 - Monday – Friday 7:15am – 4:45 pm
 - Saturday – 1st & 4th 8:00am – 11:45am

HFAH Imaging

- 205 North East
- 517-205-4905
- Appointment Hours
 - Saturday – 2nd & 3rd 8:00am – 11:45am

Women’s Health Center

- 3305 Spring Arbor Road
- 517-205-4377
- Appointment Hours
 - Monday 7am – 6:45pm
 - Tues, Wed, Thurs 7am – 4:45pm
 - Friday 8am – 3:15pm
 - Saturday – 2nd & 3rd 8:00 – 11:15pm

Mobile Health Coach

- The Mobile Health Coach makes scheduled visits in a variety of clinics throughout our service area.
- 517-205-4905
- Locations and Information on testing at HFAH Family Practice Clinics

Albion	27931 C Drive North	Tuesday – 1 st & 3 rd	9:00am – 2:30pm
Brooklyn	153 Wampler Lake Road	Monday – 1 st , 3 rd & 5 th	9:00am – 2:30pm
Grass Lake	12369 East Michigan Ave	Tuesday – 4 th & 5 th	9:00am – 2:30pm
Leslie	130 North Sherman St	Thursday – 3 rd & 4 th	9:00am – 2:30pm
Mason	810 North Hogsback Rd	Thursday – 2 nd & 5 th	9:00am – 2:30pm
Onsted	8958 West M-50	Monday – 2 nd & 4 th	9:00am – 2:30pm
Spring Arbor	7845 Spring Arbor Rd	Tuesday – 2 nd	9:00am – 2:30pm
Vandercook Lake	400 Hinckley Blvd	Wednesdays Thursday – 1 st	9:00am – 2:30pm
Center for Family Health	505 North Jackson St	Fridays	8:20am – 2:30pm